



# Family Discipleship Ideas

And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

Deut 6:6-7

## ...when you sit in your house...

### Homework time...

- Talk through what they are learning
- Engage yourself in their education

### Playtime...

- Teach Gospel living through play

### Hang time...

- Play music
- [Listen to Scripture](#)
- Pray for emerg. vehicles

## ...when you walk by the way...

### On walks...

- Talk about creation
- Pray for your neighbourhood

### Car rides...

- [Listen to Bible podcasts](#)
- Listen to Music
- Listen to audio books

### Out to eat...

- Pray before meals
- Talk about God's design for money

### With others...

- Kids learn how to treat others by watching you

## ...when you lie down...

### Dinner time...

- Pray together
- Talk about God's provision
- Talk about world events

### Bath time...

- Sing songs together
- Talk about God's design for our bodies

### Bed time...

- Talk about your day
- Pray for friends and family
- Read Bible stories
- Talk about what you are grateful for
- Pray for each other

## ...when you rise.

### Breakfast time...

- Pray together
- [Work through catechism questions](#)
- Pray for friends
- Pray for teacher

### Before you leave...

- [Listen to worship music](#)
- Pray together before you leave

### Car time...

- [Listen to Bible stories](#)
- [Listen to Kids' Bible Songs](#)

## Some thoughts about Family Worship

### Find a time that works for you

- There is not a "right" formula
- The key is building a habit
- Find a time that works for 3-5 times a week

### Don't expect too much

- Kids won't sit nicely and listen every time
- Just plan on working through a few verses at a time
- if something isn't working, try something new!

### Don't overthink it

- Some people get lost in trying to make it too much
- It's ok to not know the answer to every question; you can figure it out together!

### Some items to include:

- Bible Reading
- Prayer
- [Catechism Questions](#)
- Singing